

Catalogue 2009



**SEEd**  
edizioni scientifiche

*Tromboembolia polmonare acuta. Dalla fisiopatologia al follow-up*



## **ACUTE PULMONARY THROMBOEMBOLISM**

### **From Pathophysiology to Follow-up**

**Luca Masotti (editor)**

12 x 17 cm

136 pages

March 2009

ISBN 978-88-8968-839-7

Acute pulmonary thromboembolism is an important cause of in-hospital mortality. Despite guidelines' recommendations, multiple studies demonstrate underutilization of adequate prophylaxis.

The diagnosis of pulmonary thromboembolism is often difficult due to unspecific presentation, and treatment must be individualised appropriately for each patient on the basis of clinical risk. The patient's condition also requires careful monitoring. Based on the most recent guidelines of the European Society of Cardiology, this book is therefore an useful tool for all the physicians involved in prevention, diagnosis and therapy of pulmonary thromboembolism.

#### **Contents**

- Preface
- Epidemiology, pathophysiology and risk factors
- Clinical presentation and diagnosis
- Prognostic stratification
- Prophylaxis and therapy
- Follow-up
- Exemplifying iconography

#### **Authors**

**Luca Masotti.** *Internal Medicine, Cecina Hospital, Cecina (Livorno)*

#### **Readership**

Cardiologists, pneumologists, haematologists, surgeons, internists, general practitioners

«Masotti's compendium can assist every specialist coping with this underhand disease, defined by Braunwald "the great simulator"» D. Bellantonio, M. Oppizzi, *HSR Proceedings*

La valutazione funzionale del paziente con scompenso cardiaco cronico

## **FUNCTIONAL EVALUATION OF THE PATIENT WITH CHRONIC HEART FAILURE**

**Alessandro Mezzani, Francesco Cacciatore, Ugo Corrà**



12 x 17 cm  
96 pages  
December 2008  
ISBN 978-88-8968-835-9

Chronic heart failure has a great impact on patient's quality of life. The physiologic response to progressive exercise provides the physician with relevant information for clinical decision making and can represent an useful tool to assess the development of the disease and the effectiveness of pharmacological therapies. The book offers an overview on the principles of exercise testing and interpretation, for example cardiopulmonary exercise test and walking test, including pathophysiology and clinical applications, with particular attention to geriatric patients with disability.

### **Contents**

- Introduction
- Pathophysiology of exercise in chronic heart failure
- Evaluation methods
- Evaluation and rehabilitation protocols

### **Authors**

**Alessandro Mezzani.** *Division of Cardiology, Salvatore Maugeri Foundation, IRCCS, Veruno (NO)*

**Francesco Cacciatore.** *Division of Cardiology, Salvatore Maugeri Foundation, IRCCS, Veruno (NO)*

**Ugo Corrà.** *Division of Cardiology, Salvatore Maugeri Foundation, IRCCS, Veruno (NO)*

### **Readership**

Cardiologists, general practitioners

*Il virus dell'epatite B. Dall'antigene Australia agli analoghi nucleos(t)idici*



## **HEPATITIS B VIRUS**

### **From the Australian Antigen to Nucleos(t)ide Analogues**

**Alfredo Marzano**

12 x 17 cm

128 pages

October 2008

ISBN 978-88-8968-831-1

In the last 10 years, many advances have been made in the diagnosis and treatment of hepatitis B: new drugs have been developed and approved for use and treatment is personalized on the basis of the patient's characteristics (for example, immunosuppressed patients or HBV/HIV co-infected patients). The text is a concise and schematic compendium of current knowledge about hepatitis B, updated with recent guidelines, and provides recommendations concerning diagnosis, effective treatment and management of resistances.

#### **Contents**

- Introduction
- History
- Infection and resistances
- HBV transmission
- The disease
- Diagnosis
- Clinical and virological definitions
- Therapeutical options
- Appendix

#### **Authors**

**Alfredo Marzano.** *Gastroenterology and Hepatology Unit, San Giovanni Battista Hospital, Torino*

#### **Readership**

Gastroenterologists, hepatologists

#### **Sponsored Edition**

AlfaWasserman, Gilead

*Infezione da HIV/AIDS e comorbidità*



## **HIV/AIDS INFECTION AND COMORBIDITY**

**Giancarlo Orofino**

12 x 17 cm

96 pages

January 2009

ISBN 978-88-8968-836-6

Thanks to the available therapeutic options, AIDS-related mortality is reduced. Nevertheless, in recent years an increase in non-AIDS-related deaths among the HIV-positive community has been recorded. As a consequence, there is an increasing need to prevent and monitor comorbidities, and an adequate management should be personalized on the specific patient.

The text, giving an overview of the most common comorbidities of AIDS/HIV, provides indications to deal with this new emergency.

### **Contents**

- Preface
- Introduction
- HIV/AIDS, lipodystrophy and metabolic disturbances
- HIV/AIDS and neoplastic pathologies
- HIV/AIDS and cardiovascular diseases
- HIV/AIDS and hepatitis
- HIV/AIDS and psychiatric disturbances
- Emerging comorbidities: pathologies of the bones and kidneys
- Late presenters: an atypical comorbidity

### **Authors**

**Giancarlo Orofino.** *Infectious Diseases Unit, Amedeo di Savoia Hospital, Torino*

### **Readership**

Infectologists, general practitioners

### **Sponsored Edition**

Boehringer Ingelheim

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*Complicanze neurologiche nel paziente oncologico*



## **NEUROLOGIC COMPLICATIONS IN ONCOLOGIC PATIENTS**

**Riccardo Soffietti, Elisa Trevisan**

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12 x 17 cm

120 pages

May 2009

ISBN 978-88-8968-840-3

Neurologic symptoms commonly occur in oncologic patients, and can negatively impact on the patient's quality of life. Many of these complications can be effectively treated, and early identification and treatment are important to improve the quality of life and survival of cancer patients. Therefore, it is very important for the physician involved in the care of cancer patients to be aware of the neurologic aspects of cancer. Principally aimed at oncologists, neurologists and general practitioners, the book presents up-to-date information on the broad spectrum of neurological complications resulting from specific types of cancer and cancer treatments, elucidating practical management strategies.

### **Contents**

- Introduction
- Complications directly connected to cancer
- Complications indirectly connected to cancer
- Neurologic manifestations caused by anticancer agents
- Neurologic and psychiatric symptoms in oncologic patients

### **Authors**

**Elisa Trevisan.** *Division of Neuro-oncology, Department of Neuroscience, University and San Giovanni Battista Hospital, Torino*

**Riccardo Soffietti.** *Professor, Division of Neuro-oncology, Department of Neuroscience, University and San Giovanni Battista Hospital, Torino*

### **Readership**

Oncologists, neurologists, palliative care specialists, general practitioners



*Ipertensione in pediatria*

## **PEDIATRIC HYPERTENSION**

**Chiara Giovannozzi**

12 x 17 cm

72 pages

May 2008

ISBN 978-88-8968-823-6

With CD rom. Also available as e-book

The first objective of this book is to remind all pediatricians that hypertension in children does exist, and that it can be easily diagnosed and managed.

The covered topics range from the regulation of blood pressure and its assessment in children to day-to-day management. The attached CD rom provides a hypertension assessment software: entering data about sex, height, systolic and diastolic pressure, the program indicates the presence and severity of hypertension. On the basis of international guidelines, it further suggests the opportunity of a treatment and helps to choose the appropriate among behavioral or pharmacological alternatives.

### **Contents**

- Introduction
- Definitions
- Blood pressure measurement in children
- Essential and secondary hypertension in children
- Evaluation of pediatric hypertension
- Anti-hypertensive therapies
- Follow-up
- Appendix: Blood pressure percentile tables and growth charts

### **Authors**

**Chiara Giovannozzi.** *Pediatrician, Carmagnola Hospital (Torino)*

### **Readership**

Pediatricians

### **Sponsored Edition**

Abiogen Pharma

«The book has the unquestionable merit to remember to each pediatrician that pediatric hypertension does exist, providing a quick but scientifically reliable source to plan diagnosis and therapy». N. Ferraro, *Torino Medica*



## QUICK POCKET GUIDE TO THE COMPREHENSIVE TRANSESOPHAGEAL ECHOCARDIOGRAPHIC EXAM

Carlo Sorbara

19 x 12 cm  
112 pages  
May 2008  
ISBN 978-88-8968-821-2

In English

Transesophageal echocardiography (TEE) is the biggest leap in hemodynamic monitoring, and provides distinct real time images of the heart. An evaluation by TEE may be required to obtain the most precise information to guide surgical intervention and pharmacological support or fluid administration in the perioperative period.

The purpose of this guide is to provide quick and convenient access to a selection of different TEE cross sections. The illustrated views are semischematic representations presented in their ideal shape.

The placement of TEE probe and the acquisition and interpretation of the information obtained from TEE are described, as well as abbreviations and reference limits of cardiac measurements and hemodynamic parameters.

### Contents

- Preface
- General overview
- General principles
- Standard TEE cross sections: anatomic correlations
- Standard basic TEE exam
- Cardiac measurements and hemodynamic parameters: abbreviations, definitions, formulas, and reference limits

### Authors

**Carlo Sorbara.** *Department of Anesthesia and Intensive Care, Hospital Medical Center "S. Maria di Ca' Foncello", Treviso*

### Readership

Anaesthetists, postgraduate students in anesthesia and cardiology

*Il diabetico anziano. Gestione condivisa*



## **THE ELDERLY DIABETIC PATIENT A Multidisciplinary Managing Approach**

**Claudio Marengo, Marco Comoglio, Andrea Pizzini**

12 x 17 cm

104 pages

July 2008

ISBN 978-88-8968-822-9

The management of diabetes in the elderly is a challenging task, due to its high prevalence in this age group, its long course, the variety of complications and the emotional and psychological consequences typical of chronic illnesses.

Written by a multidisciplinary team of clinicians working with diabetic patients, the book gives hints for the proper management of this difficult patient population, describing duties and responsibilities of each specialist involved in the process of care.

**The Elderly Diabetic Patient** is intended to aid practical decisions, but also to stimulate an effective cooperation and dialogue among clinicians intervening at different stages of the long-lasting treatment of the elderly diabetic patient.

### **Contents**

- Introduction
- Managing diabetes in elderly patient: distinctive features and goals
- Diagnostic criteria
- Diagnostic and therapeutic paths
- Treatment
- Practical advices on how to exert patient rights

### **Authors**

**Claudio Marengo.** *Internal Medicine Director, Santa Croce Hospital, Moncalieri (Torino)*

**Marco Comoglio.** *Diabetes specialist, ASL To5, Moncalieri (Torino)*

**Andrea Pizzini.** *General practitioner, ASL To2, Torino*

### **Readership**

General Practitioners, diabetes specialists and internists

### **Sponsored edition**

Abiogen Pharma

*Il paziente con diabete ed epatopatia cronica*



## **THE PATIENT WITH DIABETES AND CHRONIC HEPATOPATHY**

**Alessandro Grasso**

12 x 17 cm

128 pages

October 2009

ISBN 978-88-8968-846-5

Diabetes mellitus and chronic hepatopathies comorbidity is common in a large amount of patients, but it is seldom analyzed in available published papers.

This book provides a concise but complete overview on this topic, analysing the pathogenetic role of insulin resistance, the connection between obesity, metabolic syndrome and hepatopathies and the association between hepatitis viruses and diabetes. The text mainly focuses on the importance of early detection of metabolic complications in hepatopathic patients or of hepatic damages in diabetic patients. It is therefore an useful tool to manage diagnostic and therapeutic difficulties that arise in everyday practice.

### **Contents**

- Introduction
- Insulin-resistance as hepatic damage mediator: the pathogenesis
- Diabetes and hepatopathies: clinical manifestations
- Diabetes and chronic hepatopathy: prognostic significance
- Diabetes type 1 and hepatopathies
- Diabetic patient with suspected hepatopathy: diagnostic approach
- Diabetic patient with chronic hepatopathy: therapeutic strategies

### **Authors**

**Alessandro Grasso.** *Internal Medicine and Gastroenterology, Department of Medical Sciences, San Paolo Hospital, Savona*

### **Readership**

Diabetes specialists, hepatologists



*Il destino di Arianna. Manuale per l'uso critico delle linee guida*

## **ARIADNE'S FATE** **Handbook for a Critical Use of Guidelines** **Giovanni Pomponio**

12 x 19 cm  
192 pages  
July 2009  
ISBN 978-88-8968-843-4

To help healthcare professionals in making clinical, managerial and assistential decisions, thus orientating themselves in the labyrinth of the large amount of information produced by research and by technological advances, new specific editorial resources have arisen: guidelines, systematic reviews and Health Technology Assessment reports.

Nevertheless, without sufficient competence for a deep comprehension, the temptation to desert the guidance supplied by those documents become irresistible.

This book provides clinicians with abilities to read and evaluate guidelines, enabling them to search, assess and use these documents in everyday practice, in order to prevent the Ariadne's fate, that is to say the abandonment.

### **Contents**

- Introduction
- Evidence-based clinical practice
- Systematic reviews and meta-analysis
- Guidelines
- The grading strength of recommendations. The GRADE system
- Evaluating guidelines quality. The AGREE project
- The search for supplementary studies
- Appendix

### **Authors**

**Giovanni Pomponio.** *Institute of Internal Medicine, University of Ancona*

### **Readership**

Specialists, researchers, students of Medicine

Pubblicazioni mediche. Guida alla scrittura



## **BIOMEDICAL LITERATURE** **A Guide to Medical Writing**

**Silvia Maina, Rossella Iannone**

**Preface by Marco Bobbio**

12 x 19 cm

128 pages

February 2007

ISBN 978-88-8968-806-9

This book is a guide for clinicians who want to learn how to translate observations and ideas from their practices into written form and eventually into print.

Loaded with practical advice and real-world examples, this text benefits readers who are new to medical writing and those who have already authored articles and want to improve. Technical aspects of preparing and submitting manuscripts to biomedical journals are examined, as well as ethical principles related to the process of evaluating, improving, and publishing.

### **Contents**

- Preparing a manuscript for submission to biomedical journals
- Medical publishing and ethical aspects
- How to submit an article to a medical journal
- Case reports and PowerPoint® slides

### **Authors**

**Silvia Maina.** *Editor, SEEd, Torino*

**Rossella Iannone.** *Editor, SEEd, Torino*

Preface by **Marco Bobbio,** *Department of Cardiovascular Disease, Santa Croce-Carle Hospital, Cuneo*

### **Readership**

Clinicians, researchers

### **Sponsored Edition**

Novartis, Mundipharma

«Silvia Maina, with a degree in Pharmaceutical Chemistry, and Rossella Iannone, with a degree in Modern Letters, are complementary in formation. The result of this cooperation is an enjoyable guide to medical writing that, in no more than 100 pages, provides advices on how to publish – that is to say, how “to make publicly known” – the results of a clinical study». P. Baima Bollone, *Torino Medica*

Comunicazione in medicina. Collaborazione tra professionisti sanitari



## **COMMUNICATION IN MEDICINE** **Collaboration among Healthcare Professionals**

**Iole Simeoni, Anna Maria De Santi**

12 x 19 cm

108 pages

June 2009

ISBN 978-88-8968-841-0

Comprehensive care for people, especially those with chronic conditions or comorbidities, require the cooperation of many specialists. Therefore effective and timely communication among all the healthcare professionals involved is essential for quality patient care. The text reports the principle causes of poor communication and conflict among professionals and provides suggestions to increase the cooperation and the exchange of opinions, illustrating concrete examples of the most common situations encountered in clinical practice (for example the request of a specialist consultation, the relationship between doctors and nurses, the informations that should be included in a demission letter).

### **Contents**

- Introduction
- Collaboration between healthcare professionals
- Communication between in-hospital and out-hospital care
- Doctors-nurses relationship
- Communication and cooperation in working teams
- Multi-professional working teams: strategies to improve collaboration

### **Authors**

**Iole Simeoni.** *Pneumologist at San Filippo Neri Hospital, Roma, Italy. Manager of communication training for hospital staff working in groups*

**Anna Maria De Santi.** *Sociologist and Senior Manager, Public Health Agencies Training, Lazio Region, Italy*

### **Readership**

Relevant to all the healthcare professionals: general practitioners, specialists, nurses, pharmacists, students

«The two authors, a sociologist and a clinician, are an interesting example of fruitful cooperation and effective communication: the clinician focuses on practical problems, while the sociologist provides her methodological and theoretic expertise to find shared solutions». P. Vigorelli, *Formalzheimer online*

*I farmaci nell'anziano. Guida alla polifarmacoterapia*



## **DRUGS IN THE ELDERLY** **Guide for Polypharmacy**

**Andrea Corsonello, Sabrina Garasto,  
Francesco Corica**

12 x 19 cm

104 pages

September 2009

ISBN 978-88-8968-845-8

Polypharmacy is highly prevalent in the elderly due to an increased number of comorbid states that accompany aging. Polypharmacy is often essential for the management of geriatric patients, but it is potentially associated with risks for side effects, medication interactions, and decreased adherence.

A thorough medication assessment for each patient is essential when determining pharmacotherapeutic options in the elderly.

The book analyses all the different aspects of polypharmacy in the elderly, from pharmacokinetics implications to dosage management, providing some case reports to better explain problems encountered and to suggest strategies. The aim is to help physicians in evaluating risk and benefits of polypharmacy.

### **Contents**

- Elderly people and drugs usage
- Pharmacological basis of polypharmacy assumption
- Risks and benefits of polypharmacy
- The adequate management of doses
- The risk of excessive drugs assumption
- Case reports
- Conclusions

### **Authors**

**Andrea Corsonello.** *Italian National Research Center on Aging (INRCA),  
Cosenza*

**Sabrina Garasto.** *Biologist, Italian National Research Center on Aging (INRCA),  
Cosenza*

**Francesco Corica.** *Professor of Geriatrics. Department of Internal Medicine,  
University of Messina*

### **Readership**

Geriatrists, general practitioners

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«SEEd's idea to publish quick and concise handbooks on important clinical and methodological aspects is, in my opinion, absolutely positive. It is an uncommon editorial choice, especially in Italy where there is still a predilection for prolix and uncomfortable-to-read manuals» G. Bert. Communication and Counselling Department. Institute "Change", Torino



Migliorare la compliance. L'utilità del colloquio motivazionale

## **IMPROVING COMPLIANCE** **Utility of Motivational Interview**

**Fabio Lugoboni**

12 x 19 cm

132 pages

November 2008

ISBN 978-88-8968-834-2

«I'm against drugs». «My father smoked a pack of cigarettes daily for all his life and he died at the age of 82». «Diagnostic investigations are useless: things happen because of fate». Which physician has not heard one of these excuses from his patients, to justify the non-assumption of the therapy or the delay of a test's execution, or to avoid to stop with smoking?

The inadequate compliance (that is to say, poor adherence to pharmacological treatment or non-observance of the diagnostic and rehabilitation procedure) is one of the most common problems the physician has to manage in everyday clinical practice. Starting from techniques of motivational interview, the book examines obstacles to adherence, and gives advices to diagnose non-compliance and to improve it, enhancing the quality of the relationship with the patient and, as a consequence, the quality of assistance.

### **Contents**

- Introduction
- How to diagnosis non-compliance
- Improving compliance
- Motivational interview
- The relapse process
- Conclusions

### **Authors**

**Fabio Lugoboni.** *Section of Internal Medicine and Addictive Disorders, Department of Biomedical Sciences, University of Verona, Ospedale Policlinico, Verona*

Preface by **Alessandro Lechi**, *Department of Internal Medicine, University of Verona*

### **Readership**

Relevant to all the healthcare professionals: general practitioners, specialists, nurses, pharmacists, students



*Farmacoeconomia. Principi di base*

## **PHARMACOECONOMICS** **Basic Principles**

**Mario Eandi, Lorenzo Pradelli, Orietta Zaniolo**

12 x 19 cm  
124 pages  
February 2006  
ISBN 88-8968-802-5

Also available in CD rom

Economic issues related to the health sector have been gaining much attention in recent years, and the challenge of providing quality and comprehensive health care to a growing population has become increasingly complex. This book's aim is to introduce readers to basic principles of economics and to a set of analytical tools of economic evaluations and their application in the health sector.

The most important evaluation techniques are explained by examples: cost-minimization analysis, cost-effectiveness analysis, cost-utility analysis and cost-benefit analysis.

### **Contents**

- Introduction
- Scarcity of health resources
- Rational allocation of resources
- Costs and outputs
- The pharmacoeconomic evaluations

### **Authors**

**Mario Eandi.** *Professor of Pharmacology, University of Torino*

**Lorenzo Pradelli.** *AdRes Health Economics & Outcomes Research, Torino*

**Orietta Zaniolo.** *AdRes Health Economics & Outcomes Research, Torino*

### **Readership**

Healthcare professionals and Institutions, healthcare policy and decision makers, executives in Pharmaceutical Companies and Pharmacoeconomic Academics

### **Sponsored Edition**

AstraZeneca, Gilead, Abiogen, Amgen, AlfaWassermann

«The book of Dr Eandi, Dr Pradelli and Dr Zaniolo should be read by each physician who wants to be up-to-date on this fundamental topic». P. Baima Bollone, *Torino Medica*



*Farmacocinetica. Utilità nella pratica clinica quotidiana*

## **PHARMACOKINETICS** **Usefulness in Everyday Clinical Practice**

**Federico Pea**

12 x 19 cm  
120 pages  
November 2007  
ISBN 978-88-8968-817-5

This book provides a practical introduction to the main concepts of pharmacokinetics and how they can be applied in clinical settings, without using complicated mathematical equations. Essential information on approaches to drug-dosing and monitoring in special populations, including patients with renal and hepatic diseases and elderly patients, are given.

Charts, illustrations and examples of calculations are added to clarify concepts and terminology of pharmacokinetics. It's a guide for students and clinicians who want clear, useful guidance to the basic principles of pharmacokinetics and their application into clinical practice.

### **Contents**

- Terminology
- Pharmacokinetics and polypharmacy
- Pharmacokinetics and drug-dosing
- Pharmacokinetics and patients pathophysiology
- Pharmacokinetics and pharmaceutical technology
- Pharmacokinetics and pharmacogenetics
- Pharmacokinetics and pharmacodynamics

### **Authors**

**Federico Pea.** *Clinical Pharmacology Institute, University of Udine*

### **Readership**

Clinicians, students

### **Sponsored Edition**

Gilead, Sanofi-Aventis

«Not only for specialists in pharmacology, this publication makes pharmacokinetics understandable». S. Bertagna, *NCF Notiziario Chimico Farmaceutico*



*Terapia farmacologica. Rischi, errori e danni*

## **PHARMACOLOGICAL THERAPY** **Risks, Errors and Harms**

**Giulio Marcon, Emanuela Barbiero**

12 x 19 cm

112 pages

September 2007

ISBN 978-88-8968-805-2

Medication errors are defined as any event that may cause or lead to inappropriate medication use or patient harm. Most of the medication errors can be prevented. Knowing potential errors and risks related to pharmacological therapy can help minimize mistakes and propose risk management approaches to improve patient safety. This text examines some of the most frequent types of medication errors. Case studies are described, illustrating common scenarios leading to medication errors: i.e., potential problems with medication delivery systems, unreadable prescriptions, "high risk" drugs. Each case is then analyzed to provide insight into how the medication error could have been prevented.

### **Contents**

- Medication errors: types of errors in pharmacological therapy; unjustified hurry and administration error; Patient-Controlled Analgesia (PCA); immediate-release nifedipine: risk of improper use; blood-components labelling error and patients identification
- Medication risks: introduction; benzocaine: to be used with caution; drugs and driving; would you like grapefruit juice?
- Prevention: errors identification; errors reporting; communication between doctor and patient and risk of mistakes; the nurses point of view: from 5R to 6R; using technology to enhance patient safety

### **Authors**

**Giulio Marcon.** *Professor of Risk Management, University of Padova*

**Emanuela Barbiero.** *Professor in Nursing Degree Course, University of Padova*

### **Readership**

Clinicians, nurses

«The text clearly summarizes all the phases of the so-called "drug therapy chain" that healthcare professionals should consider to avoid medication errors». S. Bertagna, *NCF Notiziario Chimico Farmaceutico*

*Il medico, il paziente e i familiari. Guida alla comunicazione efficace*



## **PHYSICIANS, PATIENTS AND CAREGIVERS**

### **Guide to an Effective Communication**

**Anna Maria De Santi, Iole Simeoni**

12 x 19 cm

136 pages

January 2009

ISBN 978-88-8968-838-0

To communicate an unfavourable diagnosis, to explain changes in the therapeutic strategy, to justify the switch to palliative therapy, to clarify the results of a diagnostic investigation, to explain the need of a surgical intervention: in all these situations peculiar communications skills are needed.

Through the analysis of recommendations, guidelines and questionnaires concerning frequent communication situations in clinical practice, the book provides the basis of an effective dialogue with patients and caregivers, explaining the basis of counselling and giving some practical advices.

#### **Contents**

- Introduction
- The communication process
- Recommendations for an effective communication
- Instruments to evaluate the communication
- The doctor's wellbeing

#### **Authors**

**Anna Maria De Santi.** *Sociologist, Public Health Agencies Training, Lazio Region, Roma*

**Iole Simeoni.** *Pneumologist, San Filippo Neri Hospital, Roma*

#### **Readership**

Relevant to all the healthcare professionals: general practitioners, specialists, nurses, pharmacists, students

«The authors demonstrate that a concise text can be much more useful than a treatise in explaining the basis of effective communication» G. Bert. Communication and Counselling Department. Institute "Change", Torino

Oltre lo specchio. Leggere, valutare e interpretare uno studio clinico



## **THROUGH THE LOOKING-GLASS** Reading, Analyzing, and Evaluating Clinical Trials

**Giovanni Pomponio**

12 x 19 cm

120 pages

March 2008

ISBN 978-88-8968-819-9

*‘That’s the way it’s done,’ the Queen said with great decision: ‘nobody can do two things at once, you know. Let’s consider your age to begin with -- how old are you?’*

*‘I’m seven and a half, exactly.’*

*‘You needn’t say “exactly”,’ the Queen remarked. ‘I can believe it without that. Now I’ll give you something to believe. I’m just one hundred and one, five months and a day.’*

*‘I can’t believe that!’ said Alice.*

*‘Can’t you?’ the Queen said in a pitying tone. ‘Try again: draw a long breath, and shut your eyes.’*

*Alice laughed. ‘There’s no use trying,’ she said ‘one can’t believe impossible things.’*

*‘I dare say you haven’t had much practice,’ said the Queen. ‘When I was your age, I always did it for half-an-hour a day. Why, sometimes I’ve believed as many as six impossible things before breakfast. There goes the shawl again!’*

[Lewis Carroll. Through the looking-glass, and what Alice found there]

Can we trust the results of clinical trials? To comprehend the results of a randomized controlled trial (RCT), readers must understand its design, conduct, analysis and interpretation. Written by clinicians for clinicians, this book aims to help assessing the methodological quality of published papers, and to reach a full understanding of the ways in which trials results are presented.

### **Contents**

- Introduction
- Clinical research
- Preliminary evaluation of clinical trials
- Analysis of the methodology of the study
- The results
- Structured abstract and statement

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## **Authors**

**Giovanni Pomponio.** *Institute of Internal Medicine, University of Ancona*

## **Readership**

Clinicians, students

## **Sponsored Edition**

Astellas, Amgen Dompé, GlaxoSmithKline

«“Can we trust the results of clinical trials?”: this is the question. This handbook, written by clinicians for clinicians, tries to answer this essential question that arises daily in every physician who have to apply the results of clinical papers into everyday practice» *Torino Medica*



*Health Technology Assessment. Principi, dimensioni e strumenti*

## **HEALTH TECHNOLOGY ASSESSMENT Principles, Perspectives, Instruments**

**Walter Ricciardi, Giuseppe La Torre**

12 x 19 cm  
Forthcoming

Thanks to research and innovation, new technologies are continuously being introduced in the healthcare setting. The evaluation of efficacy, effectiveness benefits and costs of a new technology is a challenge for health systems, since its application may not produce the expected benefits, may require additional resources or may need the redistribution of existing resources. Health Technology Assessment (HTA) provides decision-makers with evidence-based information to evaluate and decide on the coverage and usage of health technologies.

This book describes the fundamental aspects of HTA, summarizes the evaluation tools and examines the effects of HTA on health systems. The purpose is to increase the awareness of HTA activities to a wide public: not only decision-makers and healthcare managers, but also clinicians.

### **Contents**

- Introduction
- HTA principles, definitions and historic background
- HTA evaluation: technologies, instruments
- The dissemination of HTA results
- HTA Scientific Societies, international cooperation and links

### **Authors**

**Walter Ricciardi.** *Institute of Hygiene, Faculty of Medicine, Catholic University of the Sacred Heart, Rome, Italy*

**Giuseppe La Torre.** *Department of Experimental Medicine, "Sapienza" University of Rome, Italy*

### **Readership**

Decision-makers, healthcare managers, clinicians, students



*Applied Epidemiology and Biostatistics*

## **APPLIED EPIDEMIOLOGY AND BIOSTATISTICS**

**Giuseppe La Torre**

12 x 19 cm  
Forthcoming

*In English*

The purpose of the book is to give the reader either the theory concerning specific aspects of Technical disciplines as Epidemiology and Biostatistics, and in the mean time to give the opportunity of replicating under guidance the analysis of already published articles. The idea is to use the available software for epidemiologic and statistical data analysis, that each reader can download freely from the Internet.

Each chapter will present one or more specific examples on how to perform an epidemiological or statistical data analysis and will give the reader the possibility of conducting an epidemiological or a statistical analysis, using a step by step approach, providing instructions to use command and to understand figures building. A new manual designed for using software such as Epi Info, Episheet, SimCalc, StatCalc, RevMan, R, that are freely downloadable from the web, and could cover most arguments concerning the two disciplines, Epidemiology and Biostatistics. In selected cases, examples using commercial statistical software, such as Stata® and SPSS®, are made.

### **Contents**

- Introduction
- Analysis of observational studies
- Analysis of clinical trial systematic reviews
- Surveillance studies and genetic epidemiology
- Descriptive statistics
- Hypothesis testing
- Multivariate analysis

### **Authors**

**Giuseppe La Torre.** *Department of Experimental Medicine, "Sapienza" University of Rome, Italy*

### **Readership**

Public Health practitioners (professional reference, research), clinicians (research), health managers (professional reference, research), teachers of epidemiology (teaching), teachers of Biostatistics (teaching)



Collana Sport

## SPORT SERIES

Gian Pasquale Ganzit, Luca Stefanini

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